

# *The Wellspring*

Newsletter of

## **Appalachian Chapter - American Society of Dowsers**

<http://www.wncdowsers.org>

October – November 2011

*Appalachian Dowsers presents*

### **Four Local Dowsers on Four Worldly Subjects**

**Saturday, November 19, 2011 – Unity Center, Mills River, NC**

**BONNIE WILLOW: *Voyaging in Nature Spirit Territory***

Bonnie has been teaching about the many forms of spiritual awareness for many years. Some aspects of her teachings are energy healing, working with nature intelligences, connecting with spirit and awareness of life purpose. Bonnie is an interfaith minister, author of *Love, Light & Business: Business Anatomy for Holistic Healers*, and founder/director of the School of Peace in Asheville. ([www.bonniewillow.com](http://www.bonniewillow.com))

**DEBRA ROBERTS: *What the Bees are Telling Us***

Debra Roberts is a Master Beekeeper, and teaches Natural Beekeeping. She has written articles in *The American Bee Journal*, *WNC Woman* magazine and other venues. Debra focuses especially on why women's apiaries are some of the new sacred sites; why beekeeping makes us better people; and the subject of bees and consciousness. Debra is the founder of the Honeybee Project, educating children about bees, and she is VP of the WNC Center for Honeybee Research. (<http://holybeeepress.com/about-debra-roberts-2/>)

**RIVERS STERLING: *Energetic Anatomy Assessment & Simple Protocols for Restoring Balance***

Rivers Sterling, Dipl. Ac. (NCCAOM), is a medical intuitive who draws on her background in Naturopathic Medicine, Oriental Medicine and Native American shamanism to teach Energy Healing of people and places, focusing on the physiology of toxicology. The modalities she uses include prayer and mantra, Chinese medicine, detoxification, flower essences, Chi Gong and other tools. She has founded several free health clinics. (<http://deepenergyworks.com/>)

**DOUG BENNETT: *Healing and Dowsing: Touching the Ground of All Being***

Doug Bennett is the author of *Life and Spirit in the Quantum Field*. His concept of the Quantum Field bridges science and spirituality. It explains why thoughts and feelings are non-local and how their effect is not limited in space and time. There are powerful implications for healing and self-fulfillment. He asks, "If we knew we were gods, how would that change our lives?" (<http://dougbenettsquantumlife.com/>)

11:00 am - 1:00 pm	Registration (books and dowsing instruments for sale)
11:15 am - 12:45 pm	Introduction to Dowsing class with Lee Barnes (simple dowsing tools provided)
11:15 am - 12:45 pm	Spiritual Dowsing class with Richard Crutchfield
1:00 pm - 4:30 pm	Program (1/2 hr break 2:30 - 3:00 pm)
4:30 pm - 4:50 pm	Business meeting; book sales tables open

Directions: Take I-26 to Exit 40 (Airport and Rt. 280). Turn west toward the airport and Brevard. At about 1 mile past the second airport entrance, turn Right on Old Fanning Bridge Rd (green signs). Go 2 miles and the Unity Center sign and entrance will be on the left. (2041 Old Fanning Bridge Road; Mills River, NC 28759)

*President's Corner*

**Are We There Yet?**

By Roy Dudgeon

Every time I open my email, one of my interest groups has sent me their latest update on the pending 2012 event. Many of these are scholarly and cite references from world renowned researchers and authors. Theories range from various earth upheavals to the predictions of Nostradamus and Edgar Cayce. Of course, the Mayan calendar is the focal point for the majority of this work. Theories vary from the complete annihilation of the human race to a mild ripple in the earth's surface. Others see the complete collapse of the world economic system (which appears to be happening now), the failure of democracy (ditto), and the return of a deity (pick one).

On the other side of the coin, other folks have a completely different take. They see Atlantis rising from the ocean, alien beings returning to the planet to check up on the life they originally planted here, and a new higher life form evolving.

Although I personally don't subscribe to any one theory, the one I'm closest to involves

the shift in consciousness that will take place around the end of 2012. I believe that the groundwork is already in place for our next step in the spiritual evolution of the human race. Folks who have been working on themselves to improve their relationship with the Universe will see the biggest change not only in themselves but in other like-minded people. This will be a change for the betterment of all mankind although the majority of the Earth's population will not be spiritually conscious enough to recognize it.

What will these changes be? Let me know your thoughts. Please call or email me or fell free to discuss at the next meeting.

One final note: thanks to all the volunteers that worked so hard at the September meeting. **Raymon Grace** was very appreciative of his reception and as a result is presenting a two-day workshop on Nov. 5 & 6 in Hendersonville. Contact me at 828 458-5675 or [dudge@att.net](mailto:dudge@att.net) for details (this is not a Chapter event).

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			(area code 828)
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## *Announcements*

### **October Social – Saturday Oct. 15**

Please join other dowsing enthusiasts at Marilyn Gasque's mother's home in Hendersonville on Oct. 15. Arrive between 11:30 and noon with something to share for the potluck lunch.

Directions: Exit 49B off I26; take 64 into town; turn left on Church St. (US 25), right at 8th light onto Kanuga. At about 3 miles, turn left into English Hills (London Rd). First road on the right is Whitehall Lane; house is on the corner. Park safely where you can. Carpooling appreciated. 1 Whitehall Lane, Hendersonville NC 28739. (692-5197)

If you would like to host a social in 2012, contact Marilyn Gasque (see page 2). You will discover a lot about your property that you didn't know, and learn new techniques from experienced dowsers.

### **Chapter Elections in November**

Two officers will be elected at the Chapter meeting on November 19.

The Secretary maintains the various email and snail mail lists, takes minutes of meetings and handles correspondence. Experience with Excel is needed. The term is two years. (Nancy Baumgarten has been acting as unofficial Secretary in the interim, and will be nominated for the position.)

There are two at-large members on the Board serving staggered two-year terms. One of these is up for election in November. The at-large director offers advice on speaker selection and the "nuts and bolts" of chapter operation, and is generally a long-time Chapter member.

### **Join the national ASD**

The Chapter encourages all local chapter members to join our parent organization. Dues are \$50 annually. You get a subscription to The American Dowsers, a discount on the cost of the national convention, and a bookstore discount. Visit [www.dowsers.org](http://www.dowsers.org).

### **DVD recordings discontinued**

Because of the cost and difficulties involved and the fact that very few recordings are sold, the Board has decided to discontinue DVD and audio recordings of presentations at chapter meetings. DVDs of past programs, from June 2009 through February 2011, are still available on [wncdowsers.org](http://wncdowsers.org) and at the book sales table at chapter meetings. Cost is \$12.

### **Raymon Grace Workshop**

Raymon is returning to our area for a weekend workshop entitled **Advanced Dowsing, Healing and Self-empowerment**. It will be held November 5 – 6, 2011, 9 am – 5 pm at the Quality Inn (exit 49A from I26), Hendersonville, NC.

Workshop fee is \$250. Send \$100 deposit check to Raymon Grace, 29501 North Fork River, Saltville, VA 24370.



## Megalithomania USA - October 22-23, Glastonbury CT

MEGALITHOMANIA, the ultimate annual conference on the Megalithic Arts and Sciences comes to America for the first time!

Join an inspired bunch of megalithomaniacs at the other Glastonbury, this time in New England. In Collaboration with NEARA and The Earth Spirit Initiative, it promises to open up the debate on the Megalithic Arts & Sciences and leave no stone unturned. We'll be doing three days of tours visiting Balanced Rock in North Salem NY, Megalithic Chambers in Patterson NY, America's Stonehenge and numerous other fascinating sites that simply should not be there according to official academia! ([www.megalithamerica.com](http://www.megalithamerica.com))

### Events at Crystal Visions

(5426 Asheville Highway • Hendersonville, NC 28791)

October 22nd & 23rd: **Practical Spirituality 101 with Happy Medium Jonna Rae Bartges**

Saturday, October 29th: **Intuitive Arts Fair!**

(Go to [www.crystalvisionsbooks.com](http://www.crystalvisionsbooks.com) for more information)

### Keep us up to date with your addresses

If you print mail or email address has changed, please notify the Secretary (see p. 2).

### *Dowser word-search puzzle*

**November/December 2011**

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Solution on p. 6



APPALACHIAN	NESTING
APPLES	NINA
BEETS	PENDULUM
BRITISH	PILGRIMS
CHAPTER	PINTA
CHILL	PLYMOUTH
COLUMBUS	POTATO
CORN	PUMPKIN
DOWSERS	ROCK
FROST	SANTA MARIA
FULL MOON	SNARE
HARVEST	SNOW
HOLIDAYS	STANDARD
MABON	THANKSGIVING
MAIZE	TIME
MASSACHUSETTS	TURKEY
MUMS	VOYAGE
NATIVES	

## Interspecies Communication: Bee Whispering

By Chiwa

Four years ago in the Spring I finished taking bee school from our local Buncombe County Bee Chapter. Andrew and I bought boxes, put them together, painted them with some biogeometric friendly designs, made a bee area (we found where the bees would be most healthy by dowsing), encircled it with electric fence (to keep the bears honest), and ordered our bees. Myself and other bee keeping friends traveled to GA to pick up our bees a week later. Upon arrival home, Andrew put the new boxes into their bee space, while Krys Crimi took pictures of the whole event. The pictures that night showed a huge benevolent force (our first recognition of orbs) hovering behind Andrew as he welcomed our new insect friends onto our urban permaculture site. Auspicious beginnings. Each evening as the bees would settle in for the night, I would go out and sing them a little song of welcome - bee bonding I guess.



Over the years since, we have had a swarm take off - **MAGICAL** - we have split a hive that was going to swarm making three hives out of two. We have extracted some of the honey, and made some choices about feeding, and not medicating, etc. based on our feeling of wanting to keep them (who's keeping who?) as natural as possible - as we steward our property organically and biodynamically. Our hope was to invigorate our acre with more beneficial life, bringing more pollinators onto our soil to work for us on our fruit orchard and gardens. We have

truly enjoyed the golden presence and magic of these bees.

Now the story: a month or more ago in mid- summer, it seemed the bees were uneasy. They seemed more aggressive and would buzz us with an occasional sting. We thought that maybe a new queen was a little different and was raising a hybrid bee that had this streak. One day I was taking a little siesta on the grass down by the studio, and unprovoked a bee came down there and stung me right between the nostrils. Yeow, it got my attention. Within 24 hours, Andrew was out mowing, away from the hive, and another bee stung him right between the nostrils. For those into Chinese medicine the point where we were both were stung was Governing Vessel 26, a point for restoring consciousness. It awoke us to the possibility that they were trying to communicate to us.

We decided to go into the hives. We suited up, and went into the West Hive - a queen was spotted, and everything looked good. The Middle Kingdom Hive looked good as well. The Eastern Hive on the other hand had a disturbed buzz about it. We could not find a queen, and there was no evidence of eggs or new brood, or any queen cells for making a new queen. This hive was in dire straits, and at this stage in the process could not make a new queen, **THE HIVE WOULD DIE**. They needed our help. Andrew selected some frames of brood and young egg cells from our other hives, and placed them into the Eastern Hive. Immediately the sound changed to a more peaceful hum. We replaced the roof, and stepped away. In sixteen days we would know. In about three weeks we could see bees with pollen on their legs entering the East hive - a sign of the bees feeding the young-uns. It means that a queen was raised, had mated, and had started laying. The hives are calm again, we have gathered some honey and left enough for the bees' winter, and the bees are now collecting Aster and Goldenrod nectar to supplement their own winter stores. All is well.

*Chiwa is Vice President of Appalachian Chapter .*

Website activity	August	September
Requests for dowser	6	6
Comments/questions	1	1
New memberships	1	0
Chatroom	0	0
DVD sales	0	0

### Member interest survey

Please rank these topics in order of interest to you, with 1 for the topic of most interest, 2 for second-highest etc.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Water dowsing                                      | <input type="checkbox"/> Pendulum questioning      | <input type="checkbox"/> Ancient ceremonial sites |
| <input type="checkbox"/> Earth and stone energies (ley lines, vortexes etc) | <input type="checkbox"/> Dowsing for health issues |   |
| <input type="checkbox"/> Nature beings and intelligences                    | <input type="checkbox"/> Map dowsing               | <input type="checkbox"/> Finding lost items       |
| <input type="checkbox"/> Self-empowerment                                   | <input type="checkbox"/> Crop circles              | <input type="checkbox"/> Other: _____             |

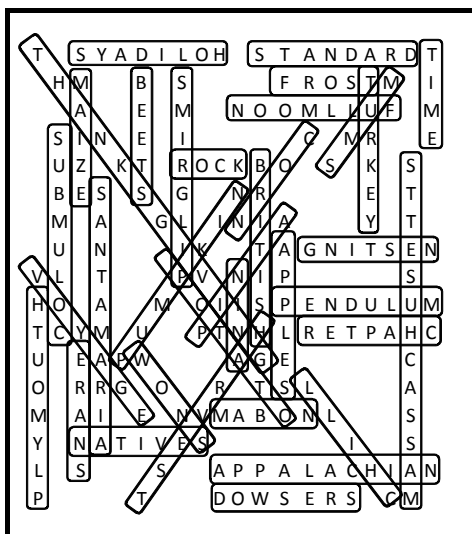
Additional comments:

(We will use the returned surveys as a guide in selecting future speakers. Please clip and send to Appalachian Dowzers, PO Box 932, Asheville NC 28802.

### Puzzle solution

November/December 2011

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"The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will; the solution comes to you and you don't know how or why. The truly valuable thing is the intuition." - Albert Einstein

"If one lives in total reverence with all and their surroundings, then the joy of life cannot be surpassed. The wonders of existence await all who live in their hearts" - *Mystery of the Universes* by Beverly J. Thompson

"You have the power to shape your future." - Raymon Grace

## *To Your Health*

### **Pest Control Options**

By Margery Bastian

#### **Slugs:**

Save all your egg shells, crush them up and in the spring spread them all around the hosta shoots that are coming up. This really helps to keep the slugs from eating holes in the leaves.

#### **Fruit flies:**

Windex will kill them.

#### **Insect Bites:**

If you get bit, put a penny on with tape. Best if put on as soon as possible after a bite. Works on most bites. Usually it won't take longer than 15 minutes if it is a new bite.

#### **Ants in your house:**

Place orange peel near area or where you think they are coming in. Use fresh if you have it. I used peel that was dried a bit, and it didn't seem to be working, but after a few days, the ants disappeared.

An ant spray recipe from lavender:

Cut the best blossoms and some of the leaves and stems. Get a glass jar with a good top and place the lavender in the bottle. Cover with white vinegar and let it stand several weeks. Then decant into a spray bottle. Ants hate the lavender smell. If you leave it standing longer and it gets darker that is also ok. Some of the darker solution was used on fire ants in the driveway and two days later they were gone.

Try to get a glass jar with a plastic top, as the vinegar will cause a metal cap to corrode and rust the threads of the jar. Possibly putting a couple of layers of clear plastic wrap between the jar and lid would prevent the corrosion.

#### **Wasp spray:**

Some of you may own guns, but this is something to think about. If you don't have a gun, here's a more humane way to wreck someone's evil plans for you. Local police (in that area) recommended that you get a can of wasp spray instead of pepper spray. Wasp spray can shoot up to twenty feet away and is a lot more accurate, while with pepper spray, they have to get too close to you and could overpower you. The wasp spray temporarily blinds an attacker until they get to the hospital for an antidote. The spray will give you a chance to call the police; maybe even get out. A teacher of self defense suggests putting a can of wasp and hornet spray near your door or bed.

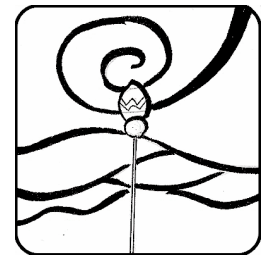
Also, it will kill a snake. And a mouse. And of course a wasp.

#### **Burns:**

Use egg whites on the burn. This saved the face of someone who was burned. The EMT's said that the egg whites saved his face. The egg white is a natural collagen and good to place layer after layer of egg white on the burn. It will take the pain away. And in the one case there was hardly any trace of a burn, and 10 days later, no trace was left at all.

*Margery Bastian is a dietician and herbalist. She lives in Leicester.*

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