

Appalachian Chapter, American Society of Dowsers
presents

Dowsing Your Health and Well-Being

Saturday, February 16, 2007

10 am – 3 pm; pot luck lunch. Registration starting at 9:15 am.

Members \$3 Nonmembers \$6

Leicester Community Center, 2979 New Leicester Hwy (Hwy 63), Leicester NC

Directions: www.wncdowsers.org

In the event of inclement weather, check the website or call 274-3423

Our bodies and its energy fields react to unseen influences. Sensing that reaction and making it visible is called **dowsing**.

Every person's health situation is different, and what may work for one person may not work for someone else. Learn how to discover through dowsing what is true for you and what works for you:

- causes of illness and imbalance in your body, and what remedies will be appropriate for you
- what you need to maintain optimum health and energy
- what foods and supplements are beneficial for you, and which ones are detrimental

Learn how to use dowsing devices: pendulum , L-rods, bobbles and dowsing charts; and how to dowse with only your body (deviceless dowsing).

Everything, including thoughts, feelings, actions, and physical organisms, is energy and has an identifiable "signature frequency". We can learn to identify these influences with careful dowsing methods. Our presenters will focus on specific ways of discerning and dealing with these different causes of problems.

Lee Barnes, a professional dowser and our long-time beginning dowsing teacher, will introduce the philosophy, tools, and methods of dowsing.

Margery Bastian is an intuitive, herbalist, cook, and channel for healing. She will teach how to use the body as a dowsing instrument, especially as regards food and supplements.

Laurel Davis, a holistic veterinarian, will talk about the clarity that dowsing has brought to her veterinary practice and some of the guidelines she uses as a medical dowser.

Richard Crutchfield, president of Appalachian Dowsers, dowses water resources, harmful and benevolent earth energies, sacred sites and elementals on the spiritual level.

The final hour will consist of a **panel discussion** with the presenters and the audience.

The advice of a licensed medical practitioner should be part of any health maintenance plan.