

The Wellspring

Newsletter of the

Appalachian Chapter
American Society of Dowsers

<http://www.wncdowsers.org>

May 2010

Appalachian Dowsers presents internationally-known author

Freddy Silva

Coding the Earth:

Crop Circles, Sacred Sites, Templars and the Coming Human Evolution

When our predecessors built sacred sites, they carefully chose a location for its underlying energy, then applied specific harmonics to their temples, Gothic cathedrals, stone circles and pyramids. Inside these sacred places, altered states of consciousness were achieved. These ancient secrets were so important to the development of humanity that time and again the builders left clues hidden within the walls of their monuments.

After a thousand years of repression by the Church, this ancient knowledge is reappearing across the Earth, this time encoded in mysterious symbols known as crop circles. These new temples not only share many common facets with ancient temples, but they too are founded on the principles of sound, magnetism and sacred geometry, and people that interact with them are experiencing identical changes in consciousness. Why are these new temples manifesting at this pivotal moment in our history? Why are they coding information into the very water we drink? How are they altering the course of humanity? Come on a journey to these special places and discover how ancient systems of energy manipulation still work as well today as they did 6000 years ago.

Freddy Silva is a well-known author and speaks internationally at such venues as the International Science and Consciousness Conference, and is one of the world's leading researchers of crop circles. He has made appearances on The History Channel, Discovery Channel, BBC, video documentaries, radio shows and is described by the CEO of Universal Light Expo as 'perhaps the best metaphysical speaker in the world right now'. Visit Freddy's website at www.invisibletemple.com.

May Chapter Meeting

Saturday, May 15, 2010

1 pm – 4:30 pm Registration starting at 12:15

Members free Nonmembers \$10

Unity Center, Mills River, NC

- 11:00 am - 1:00 pm Registration (books and dowsing instruments for sale)
- 11:15 am - 12:45 pm Basic dowsing class - Lee Barnes (pendulums and L-rods provided)
- 1:00 pm - 4:30 pm Program (1/2 hr break 2:30 - 3:00 pm)
- 4:30 pm - 5:00 pm Additional basic dowsing instruction (sales tables open)

Directions: Take I-26 to Exit 40 (Airport and Rt. 280). Turn west toward the airport and Brevard. At about 1.4 miles turn Right on Old Fanning Bridge Rd (green signs). Go 2 miles and the Unity Center sign and entrance will be on the left.

President's Corner

Conspiracy theories

By Paul Bennett

Is there a "shadow" government that secretly manipulates everything? Does it already have the technology to travel to planets in a matter of days? Can HAARP target specific population subgroups? Are the Men in Black real? Was the 60's peace symbol intentionally designed as the Tree of Life upside down?

Our February speaker, Sandee Mac, tossed out a grab bag of secret plots and schemes, some well-intentioned but most of them evil, and challenged us to be open to the idea that some of these possibilities might be truthful. She said that like buying insurance, considering these things is more about being smart than being fearful.

Time was when we could just write all these things off as the imaginings of nut cases. The thing is, when you start hearing the same story from a bunch of very different sources, and if you consider some of those sources credible, then it's logical and scientific to allow for the possibility that there might be some truth there. Is there anyone who considers themselves aware, who doesn't believe that Earth will be going through a radical transformation in the next couple of years?

As a rule of thumb, I don't accept anything that a human person says without hard proof. I don't necessarily reject it, I just keep an open mind. What I will sometimes give credence to without proof is channelings from the spirit world that seem to have the ring of truth. These messages come through a human person, it is true, so there is no certainty that the person isn't making it up. But if a message has a level of wisdom in it that no person I know of could have written, I will tend to give it the benefit of the doubt.

There are several of these sources who regularly transmit statements of some length, usually dealing with the transition that the planet is going through now. One source, claiming to be from the vicinity of Sirius, spoke about our "deep responsibility to Mother Earth's eco-system. What you need to do first is reestablish your relationship with her. This means reversing a deep belief that you are separate from her. Mother Earth with the help of some now hidden technology possesses enough water, food and shelter for everyone. This can be done without greatly obstructing nature."

A "light being" by the name of Matthew (matthewbooks.com), speaking of the souls who made transition during Haiti's catastrophic earthquake, said: "Most left physical lifetimes by soul contract choice, and those whose lives were cut short prior to contract completion are being given the opportunity in Nirvana to wind up third density karmic choices and evolve into fourth density; at the same time, they are sending light to ease the pain of their families and to uplift all in their country. The best in humankind was evidenced by the instantaneous compassion throughout your world and the outpouring of assistance. This is creating light to help rid Haiti's soil, water and air of the negativity that caused it to become the poorest of countries."

A message like that seems to come from a higher perspective than anyone on Earth has. Then we read, from that same source, that "the earthquake was not of Mother Nature's making. It was the intentional work of those among you who have the technology to create such catastrophic planetary upheavals. In this case, it was to cover an attempt to move through Haiti a vast fortune from its discovered hiding place to a secret destination." That sounds completely looney, but I am forced to keep an open mind about it because the rest of the channeling seems to be so wise and true.

And when several of these "light" sources say the same thing, I sit up and take notice. They all confirm the existence of a hidden "dark cabal" that is trying to keep the planet from moving forward in awareness. They all confirm that those forces are now losing their tight grip and will soon die out. They all talk about the Galactic Federation and large fleet of spaceships that now encircles the Earth (invisibly), ready to land (visibly) when the time is right, and offer their help to us. I fully expect to see this in the next few years. "But you also can know that one mission of some of the massive fleet of spacecraft surrounding your planet is continuous monitoring so they can soften, or level out, upheavals in Earth's crust wherever they occur."

At our September meeting Vincent Bridges said that George Washington was a geomancer who could control the weather to provide cover for his troops. And the real purpose of the I-240 cut through the mountain in Asheville was to interrupt the natural energy grid and allow for the insertion of controlling

frequencies. I'll discount those theories until something comes along to back them up.

The dowser's perpetual task is to find the balance between skepticism and gullibility. If you are at either end of that spectrum you do yourself a disservice. I will give some respect to rumors that keep popping up in different places and have a modicum of believability, and disregard the others for now. Sometimes it's a fine line. In the end each person has to make their own decision about what to believe, based on facts, intuition and the laws of probability.

"Light, the pure love essence of Creator Source and the most powerful energy in the cosmos, is available to every soul in every instant, and by accepting the light,

each continues evolving by consciously remembering what is known at soul level." (Matthew) That's not a conspiracy theory...it's just something that sounds an awful lot like truth.

One thing that Sandee said was that the Andromedans who are waiting to arrive and help are thousands of years more advanced than we are in many ways, but are in awe of us because of our power to create, which they don't have. Whether or not this is true, my intuition says that we need to be more creative than ever now. Especially important are small spontaneous creations that are purely intuitive – no thinking involved. At the other end are life manifestations brought about through intent.

Announcements

Coptic Conference this weekend

This popular annual convention is April 16 – 18 at the Johnson City (TN) Holiday Inn. This year it is entitled “The Great Awakening – the Time Is Now”. Poster at www.coptic-sun.org/downloads/2010_Echo.pdf

ASD National Convention

The 50th Anniversary American Society of Dowsers Annual Convention is June 11 – 13 in Lyndonville VT, with pre-convention schools June 9-10 and post-convention schools June 14. Don't miss this fun-filled and workshop-filled event. Always a great learning and networking experience. The 3-day rate for ASD members is \$225 + meals & lodging. See www.dowsers.org or call 802-684-3417.

One scholarship is available for a member from the Southeast Regional Chapters. It provides a free convention pass but does not cover travel, meal and lodging expenses. After attending, the recipient is required to write an article about their experience at the convention for possible inclusion in the ASD Digest. Members may apply to Appalachian Dowsers, PO Box 932, Asheville NC 28802 or email appalachiandowsers@gmail.com. Include a statement of why you would like to attend the Convention. Deadline is May 5.

Earth Day 2010

The 40th Anniversary Earth Day is April 22! The 3rd annual Asheville Earth Day is set to take place on Saturday, April 17th, 2010. The free event will again be held at Martin Luther King, Jr. Park in downtown Asheville. The celebration will include an all-day Kid's Village, an educational Eco-Village, local food from participating vendors, and local beer for sale from some of our very own Asheville breweries. The event will run from 11am-10pm. Sponsored by Greenlife.

Gregg Braden appearance

Gregg Braden will speak July 20 at the Blue Ridge Community College Conference Hall near Hendersonville. Admission is \$50. More information: 828-290-7441.

Officer vacancy

A member is needed for the position of Treasurer. If you are reasonably well-organized and motivated to serve the Chapter, please volunteer to be nominated. Officers serve for two-year terms.

The web-based version of The Wellspring, at www.wncdowsers.org (Newsletters), has some recent crop circle pictures, in anticipation of Freddy Silva's appearance at our May meeting.

(More announcements on page 7)

Dowsing the Peace Sound Chamber: An Experience With a Shaman's Blessing

Reprinted from www.PeaceChamber.com

By Richard Crutchfield

I had discovered that certain outcroppings and mysterious stone constructions on the mountainsides emit a heretofore unidentified energy field, detectable with dowsing rods (but not by geomagnetometer or Geiger counter) which reaches out from 1.5 to 3.0 feet uniformly from the stones or a sacred site (such as an old medicine wheel). I also found that this field is vastly magnified by about 300 percent every year during the period from mid-October to mid-March in areas that are touched by incoming rivers of life-force (Chi) energy which the ancient Chinese geomancers called lung mei or "Dragon Paths".

Sometime after becoming aware that the lung mei had resumed flowing, I discovered monolithic stones (menhirs) in the Asheville area which emit an energy field out to around 100 feet in thirty or more dowsable layers of energy. It is as if these stones are "broadcasting" something or as if they have an "aura" as human beings do, composed of what the Yogis call "sheaths" or "bodies". Similarly, when the field produced by these menhirs are bathed by the lung mei, their energy is also magnified greatly.

A major clue to the mystery came some months after discovering the menhir stones, when I was dowsing a dome-shaped Prayer or "sound" Chamber being constructed in Swannanoa, North Carolina under the direction of a Yute-Pueblo Medicine Man named Joseph Rael (Beautiful Painted Arrow). There I found to my amazement, a whole series of phenomena that indicate the existence of a kind of powerful auric field associated with sacred work that can be detected and even measured.

First, I found that Joseph's prayer and cornmeal blessing at the Sound Chamber site left a permanent energy field which was identical to that which I had found surrounding granite outcroppings, sacred sites, etc., and that the field was so strong that it completely erased a whole series of geomagnetic noxious energy zones that had been under the area cleared for the foundation. These are what dowsers call "noxious rays" caused by underground water veins, fault lines, malignant rocks, earth gridline intersections, etc. Here again, the energy field increased dramatically due to the presence of a lung

mei flowing across the area. Also due no doubt, to the fact that Joseph had tobacco prayer ties made with quartz crystals imbedded throughout the concrete in the foundation walls. Curiously the energy field they created seemed to be slowly expanding outward rather than diminishing as time has passed (about one year).

More significant than either the influence of the lung mei or the crystal prayer ties on the energy left by Joseph Rael's Blessing, however, was something similar to what I had discovered about the granite structure and outcroppings (and some of the menhirs) of the mountain and Piedmont regions of the state. Not only did they all emit the 1.5 - 3.0 foot aura mentioned, but many of them received a kind of narrow shaft of energy of undetermined intensity, character or length, from each of the four cardinal directions and vertically from above and below. These seem to be the six directions widely referred to by Native American holy men such as Black Elk in their sacred work. This phenomena is easily dowsable. These 6-directional energy lines are anchored on true North rather than magnetic North and remain stationary even when such a charge stone is rotated. This means that the energy lines or force fields are not related to the Earth's magnetic field or grid system, but are centered or focused on something beyond the Earth.

A further surprise was the discovery that underlying these 6-directional energy lines are thirteen energy lines of a different character that pass through the center of the stones equidistant from each other, forming 26 "spokes", as in a wheel. Whereas the 6-directional lines remain steady and immobile, the 26 spokes seem to pulsate, the energy swooping in alternate fashion from one side of the wheel to the opposite. That is, there seem to be thirteen sets of double beams the energy of which alternate in pulsating manner. Precisely the same process is taking place at the Chamber as with these stones, with the center of the radiating spoked wheel being the place that Joseph chose for the central altar and where he made the cornmeal offering.

With the placement of the dome on the Chamber, a miracle seemed to happen. Not only was the energy

of Joseph's prayer pushed out beyond measurable walking distance in the community, but all twelve layers were pulsating outward and inward in twelve hour cycles. Traveling by car I measured the outermost rim of the cycle at 16.5 miles. I was astounded as I witnessed the energy reach to where I was stationed on the road, then waver for a few seconds, before finally retreating towards the Chamber. I could actually drive through and measure the thickness of each layer as I passed

through them.

How could what had begun simply as a medicine man's blessing, granted that it was in the middle of a lung mei path, come to be so powerful, so permanent and to have such an oddly organic configuration and behavior? What kind of energy was this? Where was it coming from?

Richard Crutchfield is a former President of Appalachian Dowsers.

Healing the Hemlocks

By Steve Forbes

Although I would not define myself as a tree hugger, or a conservationist, I have always had a love affair with Mother Earth and Mother Nature, totally in awe of her magnificence. As my spiritual journey progressed, I realized that everything is consciousness, obviously, including Gaia in all her glory.

In the spring of 2009 I attended an Appalachian Dowsers presentation by Danielle Creeksong, an amazing Shaman, whose message so resonated with me that I signed up immediately to attend a seminar she was offering in the mountains of North Carolina. One item in her presentation which garnered my immediate attention was the "power" of ritual. I had the chance to discuss the importance and power of rituals with Creeksong and it just served to deepen my understanding and appreciation of the repetition of rituals in any endeavor.

During the subsequent daylong seminar my awareness of the elementals expanded as Ms. Creeksong encouraged us to journey into "their" realm – the realm of wood nymphs, fire salamanders, etc. To my surprise the Wood Nymphs were excited to be able to talk with me and talk they did. It was at that moment I knew I had to expand my horizons and begin to work with and through the elementals.

We have eight magnificent Hemlocks on the back of our lot in Hendersonville and like so many others they were infested with the wooly adelgid blight that has, and is, killing them off in this area of the country. I had heard others talking about this and

the cost associated with trying to save them through commercial means. I received a clear message to begin with the development of a daily ritual.

Outlined below is the ritual I developed and used. It is important to know several things about the process. First, I "KNEW" that only through repetitive ritual would I be able to garner the healing energies to complete the task. Secondly, I was very cognizant of the fact that I would ONLY be successful if I "KNEW" I had the "power" of will and intent to accomplish my goal of healing these magnificent "spirits". I was told that any doubt on my part would dilute the effect and render little, if any, service. Thought creates reality and, thus, I had to believe or even better "KNOW" I could heal.

I began my ritual calling upon the energy of the ALL to shine healing energies to these magnificent beings through the rays of the sun. I would call "in love and light" the Lord of the Forest and the Lady of the Forest as well. I would then call upon the energy of the elementals with special emphasis on the wood nymphs. I also called forth the healing energy of Shamballa and a very special friend there named Mal Var. I finally called upon the energy and love of Mother Earth to send healing energies through the roots of the trees to wash away any and all detrimental energies which were manifesting as dis-ease on their branches. I spoke to each as if they were long time friends, which they are. Knowing that each of these trees is consciousness made manifest I would say out loud: "My will and intent is for eternal joy to be upon your spirits and may your spirits shine brilliantly in the everlasting glory of remembering the beings that you are." Every word was uttered slowly, powerfully and with love and knowing of what I was saying. When I was

done calling upon the energies and essences of those whose help I was engaging, I always thanked them, individually, just as when I invited them to assist; again, using the phrase “in love and light”. I just intuitively knew to do this. I later learned that gratitude is the purest amplifier of our words possible.

I performed this ritual every day, usually around sundown, and more than once in the gentle rains that summer can produce.

As time went on, more ideas came to me and I began to spread fresh corn meal around the base of the trees, would field strip a cigarette or two for the elementals and place this and few silver coins where they could be found by the elementals. BTW, don't even think about taking those coins back. The elementals are far more advanced in their intuition than we are and to renege on a gift is not in your best interest.

Within two weeks I began to see significant improvement. At this time a new message came to me. I would like to say it was a brain storm, but hey, what is that anyway but a message from beyond elevating our understanding? I have always known that music facilitates healing and can certainly shift ones emotions depending of the music played. Yes, you guessed correctly; out came the iPod and portable speakers and each night I serenaded the Hemlocks with the vibrations of Enya. My expanded ritual now with music lasted an hour or

more each day. The addition of music seemed to magnify the acceleration of the healing. Within two more weeks there was literally no fungus left on any branch of these magnificent creatures.

To this day nearly 8 months later there is not one speck of sickness evident on any of these Hemlocks and the kicker is that my neighbor told me his were healed as well. The power of intent is beyond imagination, unless, of course, you learn to believe in your inner ability and manifest it through love and ritual for the benefit of others.

I never walk in the yard that I don't thank the elementals, the Lord of the Forest, the Lady of the Forest and all others in my galactic healing force. I also make sure I touch the Hemlocks and thank them for the beauty they bring to our yard and lives. You gotta love them, and wow, will they respond!

There are many who have these magnificent beings adorning their land, who I hope will move out of the conventional thought of letting these trees die, or cut them down in the prime of their lives and instead, invest their time and energy, but, most importantly, their love. Miracles don't just happen, they are made.

Remember this, though, it begins and ends with that Knowing that is inside all of us that we are ALL HEALERS!

Steve Forbes is a member of Appalachian Chapter

To Your Health

Cayenne Pepper

By Margery Bastian

Cayenne pepper is the fruit of capsicum annuum, a tropical plant that can grow up to three feet tall. Paprika is milder and sweeter tasting fruit produced from a different variety of capsicum. Cayenne pepper is native to tropical America, but is also cultivated in locations through out the world. And is found in cuisine of many parts of the world.

Capsaicin is the active component of cayenne pepper. It is responsible for the pungent, irritating effects. Interestingly, capsaicin, though hot to the taste, will lower body temperature by stimulating the cooling center of the hypothalamus in the brain.

Cayenne pepper exerts beneficial effects on the cardiovascular system. Studies have shown that cayenne pepper reduces the likelihood of developing atherosclerosis by reducing cholesterol and triglyceride levels. It also benefits the gastrointestinal function. Although people with active peptic ulcers may be bothered by foods containing cayenne pepper, those foods do not cause ulcers in normal individuals.

Cayenne may help with post mastectomy pain, used four times a day. In a study at Yale Pain Management Center, it was shown to reduce the pain of mouth sores created by chemotherapy or

radiation. Interestingly enough, taffy was used to deliver the treatment.

Topically applied capsaicin to osteoarthritis or rheumatoid arthritis has been effective in relieving pain in some. It proved in double blind studies to be more effective on osteoarthritis, where pain in hands was relieved by 0.076% or vehicle-only cream applied to hands four times a day. Topical capsaicin is also a treatment for diabetic neuropathy, a nerve disorder common in people who have had diabetes for a long period of time.

Dosage : cayenne pepper can be used liberally in the diet. 0.025% or 0.075% capsaicin may be applied topically to areas four times a day.

Toxicity: It is generally recognized as safe. Topically applied, it may cause a local burning sensation, but effect fades away in time and is rarely severe enough to prevent using the cream.

Margery Bastian is an herbalist and App Chapter member.

Medical treatments should always include the advice of a licensed medical practitioner.

Announcements (cont'd from page 2)

By-law amendment

The following amendment to the By-laws will be voted on at the May meeting. It is needed for us to apply as an official non-profit: "In the event of a dissolution of the Chapter, all assets on hand will be transferred to the American Society of Dowsers, a 501(c) 3 non-profit organization."

Earth Healing group

A small group has been holding monthly Earth healing actions for the past year. Additional participants are needed. Contact paulwbennett@bellsouth.net or call 692-6599.

Puzzle by Bonnie Dorsey

April/May 2010

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1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56

Norman Schwarzkopf

Definitions

Words

A. Second Season

6 30 4 53 14 54

B. H2O

18 37 11 35 9

C. Yeast Greenery

7 32 23 39 20

D. Fourth Month

45 30 52 53 48

E. Owl Says

55 15 24 28

F. Fifth Month

44 13 43

G. Tempestuous

6 40 22 4 36 46

H. Sky Refraction

31 47 53 16 33 25 18

Definitions

Words

I. Scot Plant

2 51 27 1 12 42 9

J. Fervent

5 29 54 17 31

K. Garden Comb

52 13 26 51

L. Manual Plows

41 8 10 6

M. Body of Water

48 19 26 3

N. Pre-Ewe

49 37 36 50

O. Aptitude

21 37 34 17 38 56

Answers: A. Spring, B. Water, C. Moldy, D. April, E. Hoot, F. May, G. Stormy, H. Rainbow, I. Heather,

J. Eager, K. Rake, L. Hoes, M. Lake, N. Lamb, O. Talent

There's more than one way to look at a problem and they may all be right.

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